

HOMEMADE

CALMING SPRAY FOR DOGS



INGREDIENTS

- 2 oz witch hazel liquid or vodka
- 2 tsp red turkey oil also called sulfated castor oil
- 5 oz of distilled water
- 3 drops of Roman chamomile essential oil
- 3 drops of Lavender essential oil
- 12 oz spray bottle

INS-RUFF-TIONS

1. Mix witch hazel and castor oil together, add essential oils. Shake.
2. Add distilled water.
3. Cover face and eyes of your dog with a cloth or hand.
4. Shake and spray a light mist over your dog.